

# THE BOULEVARD BEAT

A MONTHLY NEWSLETTER FROM SBS - MAY/JUNE 2015 EDITION

## THE PRINCIPAL'S PLACE

Dear Parents,

It's astonishing to think that we are entering into the last few weeks of school, and even more so to reflect on our accomplishments from this year. As a result of our collaborative efforts, the SBS students have benefitted from meaningful learning in and outside of the classrooms, and have truly grown in every way. One entity that makes our village so special is that every adult is committed to delivering the best educational experiences for our children. In sharing our thoughts, ideas, passions, and skills, we help every child think critically, develop strategies, explore interests and build potential. Our environment is warm, welcoming and nurturing, and our students will continue to flourish at SBS and beyond.

While this time of year certainly represents one of the busiest, I like to encourage each family to reflect, celebrate, and revel in your child's development over the last 10 months. Many thanks to each of you and to the SBS staff for making our school a special place for children to come and learn every day. I wish you an enjoyable end to this school year, and a relaxing summer ahead!

Respectfully,

Robert Gardella

## THE NURSE'S NOOK

### DOES YOUR CHILD HAVE MEDICATIONS AT SCHOOL?

As we near the end of the school year, please remember to stop by the health office to pick up your child's medication. State regulations require that I discard any medication that is left beyond dismissal on the last day of school.

Please arrange to have **an adult** stop by the health office between now and June 19th at 12:30pm to pick up your child's medication. **Medication cannot be sent home in student backpacks.**

When you arrive to pick up your child's medications, for your convenience, new medication authorization forms will be attached. Please make an appointment now to have these completed by your child's doctor this summer!

### **MARK YOUR CALENDARS! MEDICATION MONDAYS WILL BE HELD AGAIN IN AUGUST!**

In order to be ready to assist your child on the first day of school, all medications and orders will be collected in August during my annual "Medication Mondays" Monday

orders will be collected in August during my annual medication Mondays , Monday, August 17th, Monday, August 24th and Monday, August 31st. When you stop by the Health Office to retrieve your child's medications in the next few weeks, you will be asked to sign up for a time on one of these days.

If you have any questions, please contact me at (973) 457-2509 x 3.

Thank you!

Karen Leister

## THE LIBRARY LOWDOWN

Just a reminder that **all library books and materials are due back on Friday, June 5th.** Please check at home for any missing items. Staff and students are welcome to keep any library materials they need for instruction or projects. We just ask that you please account for all materials.

**Thank You!** Thank you to all of our parent library volunteers for your help throughout the year. We are so appreciative of all your time, hard work, and dedication! Also, a special thank you to our P.T.O. Library Volunteer Chairs, Mrs. Nacinovich and Mrs. Ruddy for organizing our volunteer schedule. It has been a tremendous year thanks to all of our wonderful volunteers!

Kindergartners have been learning about some great series over the last couple of weeks. We have shared Strega Nona, Corduroy, and many other great titles/series! First graders have loved author, Herve Tullet and his books, *Press Here* and *Help, We Need a Title!* Second graders are excited about Aesop's Fables and Fractured Fairy Tales. Third graders are currently writing fractured fairy tale puppet shows in the library. They will make puppets in ART with Ms. Hauser and perform for the K-2 students sometime this month.

### **Summer Reading Club- Library of the Chathams- Every Hero Has a Story -**

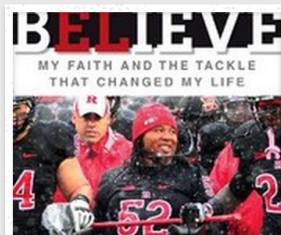
John Arthur, Youth Services Librarian will be visiting SBS on June 10th to speak to the students about the summer reading program. Click the button below for more information. We encourage our SBS students to join the club and READ, READ, READ this summer!

Have a great summer and remember to READ!  
Mr. D'Aloia

### **IMPORTANT DATES:**

**WONDER** author, R.J. Palacio, will visit on Tuesday, June 2, 2015 in the Chatham Middle School auditorium at 7pm.

**BELIEVE** author, Eric LeGrand will visit Tuesday, June 9, 2015 in the Chatham Middle School auditorium at 7pm,





## CHATHAM LIBRARY SUMMER READING PROGRAM

### COUNSELING CONNECTION

In May, our 1st graders were making connections between the things they enjoy doing and the significant people in their lives who have taught them those things. To sort out the unique talents and skills they all have, we read, *I'm Gonna Like Me Letting Off a Little Self-Esteem*, by Jamie Lee Curtis & Laura Cornell. In class discussions, this helped to raise the level of understanding between children, especially when it comes to the arenas of play; the children become aware that the way they express dislikes for an activity that a friend likes, can cause some discord, if the activity has significance for their friend. This awareness can reinforce empathy during play time. To reinforce the concept of *growth* of interests, the children decorated flower designs with topics for each petal, such as what they like to do with others, when they are by themselves, with their family, at school, and at home. We discussed how they can nurture these talents and interests, like any other growing thing, and how awareness of why they like certain activities can help them to understand themselves and others and bring about more fulfilling relationships.

The 2nd graders learned about *emotions* and *feelings*. We discussed that, while we often use the words interchangeably, there is an important distinction. Emotions give a name to an emotional state, but *feelings* combine the physical with the emotional state. We discussed how emotions are transient and how coping skills can help move them along. We read, *Today I Feel Silly & Other Moods That Make my Day*, by Jamie Lee Curtis. The students drew pictures of faces illustrating various emotions. We discussed the vocabulary of emotion to express various levels of intensity.

Emotions, feelings, and mindfulness: The way we experience an *emotion* can be expressed as a *feeling*. Our emotions help us to identify how we are interpreting the world around us and can be helpful in determining how to react. In social-emotional learning (SEL) we teach children how to regulate emotions and actions, but we often don't teach them *how* to become aware of what emotion they are experiencing and how it *feels* in their body. The latter is gaining attention under what is now known as *mindfulness*. In mindfulness, essentially we learn that it is the *pause* that helps us to become aware of our emotions, thoughts, and feelings. Once awareness is engaged, the coping skills taught through social/emotional learning can be more effective, meaningful, and long-lasting. Next time you discuss what emotions your child is experiencing, ask them how it feels in their body. If they want to prolong that emotion, ask them what they can do or think to help them with that goal ~ if they want to change that emotion, ask them what coping skills they can use to bring them to that goal. With our busy lives, it's in the way we teach our children to pause, that can bring meaning and resilience.

I wish you all a happy, healthy, and safe summer!

### THE DESIGN DEN

[Welcome Families. to the Design Den!](#)

## What has been happening in Design and Technology?

**3rd Grade** - Students are creating and testing the water filters they have designed. *Ask your child what materials they thought made their design successful and how they have improved their design.*

**2nd Grade** - Students are designing windmills to gather wind energy, a form of renewable energy. *Ask your child about the plan they have made with their group and how they are following that plan to create their design.*

**1st Grade** - In Microsoft Word, students designed a label for the food package they created. *Ask your child to explain how they inserted a picture, word art, and changed the text wrapping of the images.*

**Kindergarten** - Students are researching an animal and its habitat. *Ask your child what their animal eats, how it gets water and where it finds shelter.*

Thank you again for your support of Design and Technology and have a wonderful summer! We'll see you in September.

Ms. Stojanov (Ms. S)

## DINNERTIME CONVERSATIONS...

Tired of the same old responses when you ask your children how their day went? Check here for some conversation starters!

Ask your kindergartner:

1. Can you tell me what your favorite book is? Who are the characters? What is the setting?
2. What is a graph?
3. What are your classroom responsibilities?

Ask Your first grader:

1. What does it mean to subtract? Can you show me an example and explain?
2. What strategy did you use to solve the problem?
3. How do you start a new writing piece?

Ask your second grader:

1. What is the difference between a standard and non-standard measurement?
2. What have you learned about plants?
3. What did you enjoy most about Reading Workshop this year? Why?

Ask you third grader:

1. Ask your child to reflect on their time at SBS. What are their favorite memories?
2. Your child will be visiting the Grow a Row farm this week. This is a good opportunity to talk about healthy eating. Ask them what good choices they would make when it comes to food.
3. Talk about making a "summer bucket list" with your child. What are some things they would like to do this summer?

## PTO POSTS

I can't believe the year is nearly over, but what an EXCITING year it has been!

A special THANK YOU from the PTO and all the students at SBS, and to the parents who so actively support the PTO and the school. Thank you for your support of the SBS Tee Off golf outing. It was a really fun evening and the event raised a lot of money to support the PTO sponsored school programs that occur during the year.

**This year the PTO supported:** Harvest Night, Author's Day, HOPE Week, 8 field trips, Meet the Masters, Pizza Day, Love to Read contests, 2 Family Fun Nights, Field Day, 2 sessions of After School Enrichment classes, the Art Show, the Holiday Boutique, Adopt a Library Book Donation, SBS Has Got Talent - The Grade 3 Talent Show, Earth Day activities, International Day, Tee Off Golf Outing, treats for the class picnics, Thank You Tea refreshments and Grade 3 Memory Book and Breakfast. We couldn't have done it without your support. **Thanks so much to the volunteers for the many committees involved in all of these activities.**

**June 3rd please join us at SBS Has Got Talent at 6PM!**

Grade 3 students put on a fun talent show and will celebrate their year at this family event. It starts at 6pm at the CHS Auditorium. If your child is not in Grade 3 yet, they can come and see what it's all about.

**June 5th is Field Day! It is a great day for kids to be outside enjoying the nice weather.**

Please welcome Mae Hacking as PTO President for the 2015-2016 school year, and Jennifer Donoghue as VP. These ladies will do an amazing job for SBS next year.

Lastly, **thank you so much for making this an exceptional year at SBS.** It was my pleasure to work with Mr. Gardella, as well as so many parents this year. Together we were able to provide a truly enriching educational experience and also a service-focused environment that can only benefit our children. I know I will remember this year always, as a truly meaningful time in my life.

Have a wonderful end to the school year and a magical summer!

Warmest regards,

Vivian Cooney  
PTO President 2014-15

[SBS WEBSITE](#)

[SBS CALENDAR](#)

[PTO WEBSITE](#)



## SOUTHERN BOULEVARD SCHOOL

📍 192 Southern Blvd, Chatham,...

☎️ (973)457-2509

🌐 [chatham-nj.org/sbs](http://chatham-nj.org/sbs)